

DSC-HDFE-A1: Theoretical Foundations in Human Development

CREDITS: 4 (THEORY 3, PRACTICAL 1)

(Theory: 45 Periods; Practical: 30 Periods)

LEARNING OBJECTIVES:

1. To enable an understanding of the significance of the theoretical basis of Human Development.
2. To gain an in-depth understanding of selected theories in Human Development.

COURSE OUTCOMES:

After completing this course, the learner will be able to:

1. Students will gain an insight into the importance and role of theories in Human Development.
2. Students will develop an understanding of selected theories in Human Development.
3. Students will become aware of the concepts and perspectives related to human development.

THEORY (Credits : 3 , Periods : 45)	
Unit I: Introduction to theories in Human Development Unit Description: Students will be introduced to themes in the area of human development covering nature/nurture, heredity/environment, continuity/discontinuity, individual differences and similarities.	(6 lectures)
<i>Subtopics:</i> <ul style="list-style-type: none"> ● Key themes in the study of Human Development- Nature/nurture, heredity/environment, continuity/discontinuity, individual differences and similarities. 	
Unit II: Psycho-analytic perspectives on Human Development Unit Description:	(13 lectures)

<p>Students will be introduced to the Psycho-analytical perspectives on Human Development by Sigmund Freud and Eric H. Erikson.</p>	
<p><i>Subtopics:</i></p> <ul style="list-style-type: none"> ● Psycho-sexual theory by Sigmund Freud ● Psycho-social theory by Eric H. Erikson 	
<p>Unit III: Theories on Cognitive Development</p> <p>Unit Description:</p> <p>Students will get acquainted with theoretical perspective with regard to cognitive development. This unit will be covering theories by Jean Piaget and Lev Vygotsky.</p>	<p>(13 lectures)</p>
<p><i>Subtopics:</i></p> <ul style="list-style-type: none"> ● Theory of Cognitive Development by Jean Piaget ● Socio-cultural theory of Cognitive Development by Lev Vygotsky 	
<p>Unit IV: Selected Theories in Child Development</p> <p>Unit Description:</p> <p>Students will be made familiar regarding other theories in the area of child development. This unit will be covering theories by Urie Bronfenbrenner, Albert Bandura, John Bowlby and so on.</p>	<p>(13 lectures)</p>
<p><i>Subtopics:</i></p> <ul style="list-style-type: none"> ● Ecological Systems Theory by Urie Bronfenbrenner ● Social Learning Theory by Albert Bandura ● Attachment Theories (John Bowlby, Mary Ainsworth, Harry Harlow) 	
<p>PRACTICAL</p> <p>Unit Description:</p> <p>The practical will provide an understanding on validating and applying theories of human development in real life.</p>	<p>(15 lectures)</p> <p>2 hours each</p>
<p><i>Subtopics:</i></p> <ul style="list-style-type: none"> ● Biography of any one theorist of human development ● Application of any one theory in real life situations 	

ESSENTIAL READINGS (Theory and Practical)

- Newman, P.R., & Newman, B.M. (2015). Theories of Human Development. New York: Routledge
- Rice, P. (2000). Human Development: A Lifespan Approach (4th edition). (and all further editions). New Jersey, Prentice-Hall Inc
- Srivastava, V.N., Srivastava D.N. (2020). *Adhunik vikasatmak manovigyan*. Shi Vinod Pustak Mandir.
- Allen, B.P. (2006). Personality theories: Development, growth and diversity (5th ed.) Needham Heights, MA: Allyn and Bacon

SUGGESTED READINGS (Theory and Practical)

- Berk, L. E. (2000). Child development. New Delhi: Prentice Hall.
- Berk, L. E. (2017). Exploring Lifespan Development. New York: Pearson
- Berger, J.M. (2010). Personality (8th ed.). Belmont, CA: Thomson/Wadsworth. Journal of Developmental Psychology
- Santrock, J.W. (2007). Lifespan Development (3rd ed.). New Delhi, Tata- McGraw Hill